

January 2019

Saint Basil Catholic School

LUNCH



School Information: School Lunches are \$3.25 and include an entrée, two sides and a choice of milk. Milk only is .50 cents. Lunch charges are billed every two weeks through RENWEB.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL

1

NO SCHOOL

2

NO SCHOOL

3

NO SCHOOL

4

Cheese Ravioli, Marinara **7**
Cucumber
Fresh Fruit

Flour Tortilla Tacos **8**
Ground Beef, Cheddar, Lettuce & Tomato
Fresh Fruit

Sophie's Meatloaf **9**
Mashed Potatoes
Vegetables

Chicken Noodle Soup **10**
Grilled Cheese
Fresh Fruit

Pepperoni & Cheese Pizza **11**
Homemade Chocolate Pudding
Veggies

Mac & Cheese **14**
Steamed Broccoli
Fresh Fruit

Mini Cheeseburgers **15**
Carrot Sticks
Fresh Fruit

Egg Salad **16**
Celery, Cucumber & Pita Dippers
Fresh Fruit

Tomato-Cavatappi Soup **17**
Grilled Cheese
Fresh Fruit

Pepperoni & Cheese Pizza **18**
Homemade Chocolate Pudding
Veggies

NO SCHOOL **21**
Martin Luther King Jr. Day

Flour Tortilla Tacos **22**
Ground Beef, Cheddar, Lettuce & Tomato
Fresh Fruit

Baked Chicken Strips **23**
Buttered Noodles
Fresh Fruit

Cheese Ravioli, Marinara **24**
Cucumber
Fresh Fruit

Pepperoni & Cheese Pizza **25**
Homemade Chocolate Pudding
Veggies

Cheese Ravioli, Marinara **28**
Cucumber
Fresh Fruit

Flour Tortilla Tacos **29**
Ground Beef, Cheddar, Lettuce & Tomato
Fresh Fruit

Sophie's Meatloaf **30**
Mashed Potatoes
Vegetables

Chicken Noodle Soup **31**
Grilled Cheese
Fresh Fruit

