

September 2018

Saint Basil Catholic School

LUNCH



School Information: School Lunches are \$3.25 and include an entrée, two sides and a choice of milk. Milk only is .50 cents. Lunch charges are billed every two weeks through RENWEB.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

3

Mini Cheeseburger

4

Fresh Fruit

Carrot Sticks w/ Ranch

Baked Chicken Strips

5

Buttered Noodles

Fresh Fruit

Tomato-Cavatappi Soup

6

Grilled Cheese

Fresh Fruit

Chicken Salad

7

Celery Sticks

Pita and Apple Dippers

Chicken & Broccoli Alfredo

10

Fresh Fruit

Flour Tortilla Taco
Ground Beef, cheddar Cheese,
Lettuce & Tomato

11

Fresh Fruit

Egg Salad

12

Celery, Cucumber, & Pita Dippers

Fresh Fruit

LUCKY TRAY DAY

Chicken Noodle Soup

13

Grilled Cheese

Fresh Fruit

Apple & Cheese Quesadilla

14

Carrot Sticks

Grape Tomatoes

17

18

19

20

21

24

25

26

27

28

